



# Lake George Association

*People Protecting the Lake Since 1885*

## **NEWS RELEASE**

Contact: Lynne Rosenthal

Communications Coordinator

518-668-3558

[rosenthal@lakegeorgeassociation.org](mailto:rosenthal@lakegeorgeassociation.org)

### **For IMMEDIATE RELEASE**

#### **Landscaping with Native Plants – LGA Lake-friendly Living Workshop & Native Plant Sale**

#### **LAKE GEORGE, NY – (JUNE 10, 2010)**

Gardeners, landscapers, botanists, and those who simply love plants, are invited to join Emily DeBolt, the LGA's director of education, at the Lake George Association on Saturday, June 19 for a workshop entitled "Landscaping with Native Plants." The three-hour workshop is free and begins at 10 am. Pre-registration is not required. The workshop takes place at the LGA's offices and demonstration gardens at 2392 State Route 9N in Lake George. It is the first of a series of four LGA lake-friendly living workshops to be offered this summer.

Participants will see and learn about plants that are native to the Lake George region, and that work well for a variety of gardening and landscaping situations. They will gain a better understanding of why these plants are so important to protecting the health of Lake George, and learn the essential, yet relatively easy, steps required to create a native plant landscape.

Lists of native plants that work well in a variety of different soil, sun and water conditions will be provided. Plants that work well in rain gardens, that attract butterflies and hummingbirds, and that are unattractive to deer will also be discussed.

Native plants make for maintenance free gardening because they require little or no watering during normal precipitation years. They have natural defenses against many local pests and require less fertilization than their introduced cousins. Native plants help to maintain a balanced ecosystem and encourage animal biodiversity. They are an essential part of a delicate checks-and-balances system.

Participants are encouraged to bring photos or drawings of an area where they would like to create a landscaping plan, and to include measurements and information on sun exposure and soil type. During the last hour of the workshop, participants will design their own native plant gardens. Books, reference materials, and direct guidance from Ms. DeBolt will be available.

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After the workshop, the LGA will host a Native Plant Sale for the general public, from 1 – 4 pm. A variety of plants, including wildflowers like Cardinal Flower and Joe-pye weed and many ferns, grasses and shrubs will be available for sale. The plants will be from Fiddlehead Creek Farm and Native Plant Nursery in Hartford, NY. All plants are native to New York and are also native to the Adirondack region.

A portion of the proceeds from the native plant sale will be donated to the Lake George Association.

For more information, contact Emily DeBolt at 668-3558 or [info@lakegeorgeassociation.org](mailto:info@lakegeorgeassociation.org)  
Now in its 125th year of service, the LGA is a non-profit membership organization of people interested in working together to protect, conserve, and improve the beauty and quality of the Lake George Basin.

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